

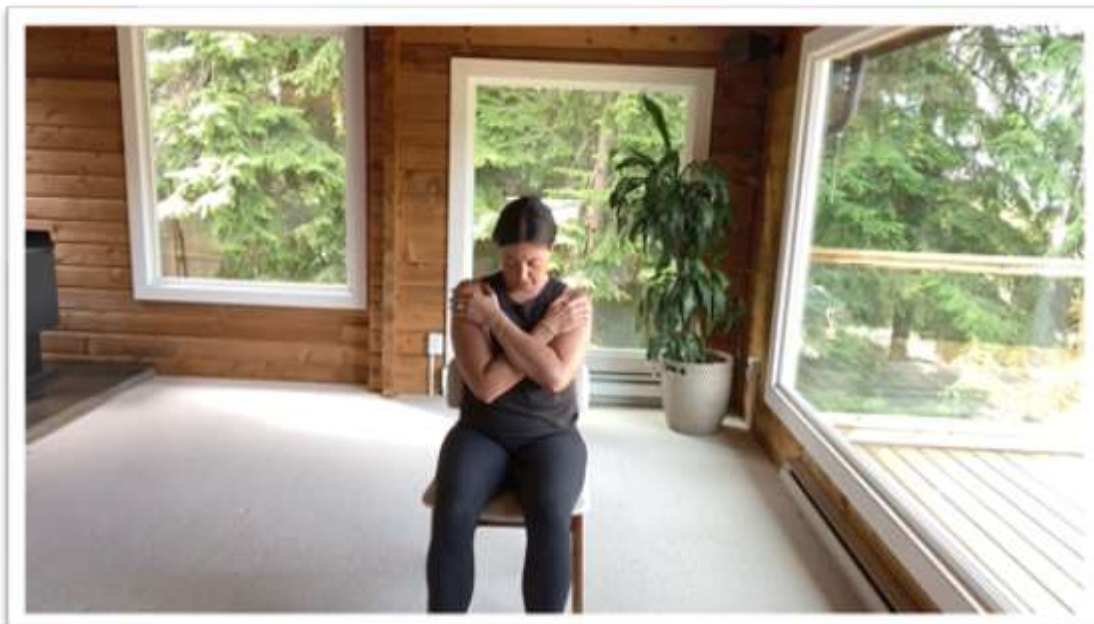
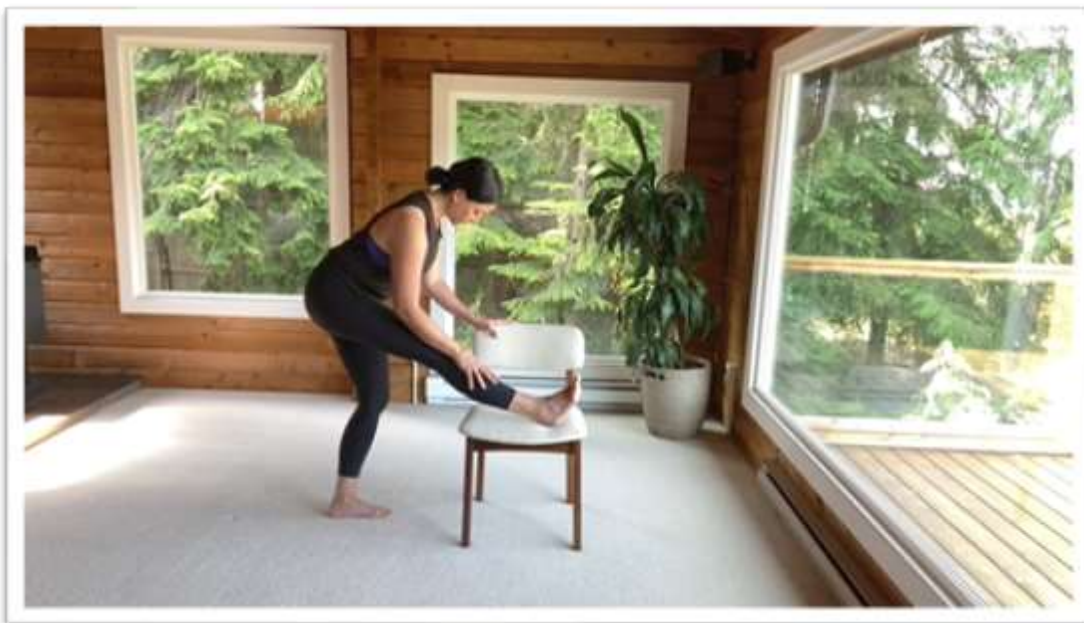
Project Story: At-Home Mobility for Seniors

Natasha Currah

The project was a great success with over 100 video plays. Throughout our community and online I have had individuals reach out with thanks and gratitude for having this series available for free. I learned that this online format can reach many older adults and that they were eager and willing to follow the videos from their home. I am thrilled that this project went even better than I had planned with twice reach I had originally intended. I will be keeping the Chair Mobility Series online for future participation.

Please feel free to view the videos on my website: <http://natashacurrah.com/chair-mobility-series/>

Thanks again for your support!





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